

SOUL ALIVE CLASS TIMETABLE (AEST)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<u>6:30 - 7AM</u>		ACCESSIBLE		ACCESSIBLE	Friday Fire-up Meditation		
<u>BREAKY</u>					CLASS ACCESSIBLE		
<u>LUNCH</u>							
<u>DINNER</u>							
<u>8:30 - 9PM</u>	Monday Motivation Meditation		Mid-Week Manifest Meditation				
	CLASS		CLASS				